

## Alphabet Action Spelling

Directions: Choose 5 of your sight words (must know words) from the list to act them out using the alphabet actions.

For example: the: t (tuck jump) h - (high five) e (eagle wings)

**A** - arm circles

**B** - burpees

**C** - crunch (do a sit up)

**D** - dips (dip down)

**E** - eagle wings (fly like you have wings)

**F** - fishing (pretend you have a fishing rod)

**G** - grin (make a smile)

**H** - high five a family member

**I** - icy cold shiver

**J** - jumping jacks

**K** - karate kick

**L** - lunges

**M** - monkey arms (act like a monkey)

**N** - nod your head

**O** - make an "o" with your arms

**P** - penguin waddle

**Q** - quack like a duck

**R** - run on the spot

**S** - skip in a circle

**T** - tuck jump

**U** - under your kitchen table

**V** - v sit

**W** - walk around in a circle

**X** - x step (criss cross your legs)

**Y** - yodel

**Z** - zig zag walk